



St. Theodore School

Where the knowledge of God is the foundation of learning

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Christ the Teacher Roman Catholic School Division #212



December 2024 Newsletter

Dear St. Theodore Families,

Wow, it is already December! Christ is our light and if we lean on Him, He will always lead us where HE needs us to be. As we prepare our homes and tables to celebrate this season, let us not forget to prepare our hearts for the Birth of Jesus, the greatest gift ever.

Advent is a time to wait, not quite time to celebrate. Light the candles one by one, 'til this Advent time is done.

Christmas Day will soon be here, time for joy and time for cheer.

This season make some time to prepare:

* Make a family Advent Wreath – Light a candle each week or every night at dinner time and include a short prayer.

* Christmas Tree Blessing – Before you decorate the tree or on a special evening after the tree is decorated, take some time to pray together as a family.

* Advent Devotionals – Take time to reflect on the prayers and celebrations offered in our parishes.

* Nativity Scene – Display the scene with a wrapped or hidden Jesus to help family grow in the longing for Him and unveil the Christ Child on Christmas morning.

Wishing everyone a Blessed and Merry Christmas!

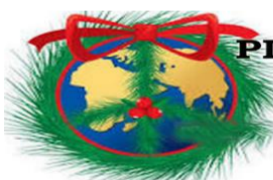
Mrs. T. Morrison on behalf of all the St. Theodore Staff



♥ Thank you to the Royal Canadian Legion Sheho Branch members and staff who celebrated Remembrance Day with us.

♥ Thank you to all the parents for being so supportive during student-led conferences. It is important to make goals for the next term and your encouragement makes it possible for all the children to have success.

♥ Merry Christmas and many blessings for a wonderful New Year from St. Theodore students and staff!



**Theodore Community
PLEASE JOIN US
CHRISTMAS
around the school
Feast**

**DECEMBER 16 2024
11:45 am - 12:45 pm**

Community POTLUCK at the School.
Bring your favorite dish for all to try.

**Come together enjoy our local school atmosphere.
Each student will be presenting a sampler of
their traditional Christmas dish.**

Parish Information

St. Gerard's Roman Catholic Church, Yorkton
Email-office@st.gerard.ca
Saturday Mass: 5pm
Sunday Mass: 9 am and 11:00

St. Mary's Ukrainian Catholic Church, Yorkton
Email- st.mary.yorkton@sasktel.net
Saturday Divine Liturgy: 5pm (English)
Sunday Divine Liturgy: 9 am (Ukrainian)
11 am (English)



Advent Collections:

This year we will be collecting items for the Stockings for Seniors program in the Health Region. **A separate note will be sent home with items that are required for each seniors stocking.** If you are able to help us stuff the stockings for our seniors, please send your item to school by **Friday December 13th.** At that time the students will fill the stockings, and they will be delivered. Thank you in advance for your generosity.

Dates to Remember

Sun. Dec 1	1 st week of Advent – Theme of HOPE
Thu. Dec. 5	Deadline to identify students requiring intensive supports
Sun. Dec 8	2nd week of Advent – Theme of LOVE
Thu. Dec 9	CTTCS Board Meeting
Thu. Dec 12	Christmas Program at 7 PM
Sun Dec. 15	3 rd week of Advent – Theme of JOY
Mon. Dec 16	Potluck Lunch at 11:45 AM – 12:45 PM
Fri. Dec. 20	Final day of classes prior to Christmas break
Sun. Dec. 22	4 th week of Advent – Theme of PEACE
Wed. Dec. 25	Christmas Day
Mon. Dec. 23 – Fri. Jan. 3	Christmas Holidays
Mon. Jan. 6	No School – Teacher's Inservice
Tue. Jan 7	Classes Resume -Day 4-non Kindergarten Day
Fri. Jan 10	Lead to Learn – Land Titles Building
Fri. Jan 31	No School – Teacher's Inservice
Fri. Feb.14	St. Valentine's Day
Mon Feb. 17	Family Day- No School
Tue. Feb.18-Fri. Feb.21	Mid-Winter Break – No School
Mon. Feb.24	Classes Resume

Congratulations!



LEGION CONTEST WINNERS!

Congratulations to the following winners of the recently held Remembrance Day 2024 Contest. Great job kids! Always remember, "every achievement starts with the decision to try". Keep it up!



Child, Youth, and Caregiver Rapid Access Counselling

Need someone to talk to?
We provide free counselling... in person, online or by telephone

We offer quick access to brief mental health services for children, youth, adults, couples, families and caregivers of children. We can help with concerns such as anxiety, depression, addictions, suicidal ideation, stress, relationship conflict, separation and divorce, domestic violence and parenting.

Rapid Access Counselling for Children, Youth and Caregivers
At SIGN on Broadway
 *Mondays 10am-3pm
 *Tuesdays 1-7pm
 *Wednesdays 1-7pm
 *Thursdays 10am-3pm
 *Fridays 10am-3pm

Rapid Access Counselling
 *Mondays 12-5pm, SIGN on Broadway
 *Tuesdays 9am-5pm, SIGN on Broadway
 *Tuesdays 2-7pm, Yorkton Public Library
 *Wednesdays 10am-3pm Kamsack SHA Office
 *Thursdays 9am-5pm, SIGN on Broadway
 *Fridays 9am-5pm, SIGN on Broadway

To book online go to www.counsellingconnectsask.ca
 Call 306-782-1440 for assistance with booking

 **Good Neighbours RAPID ACCESS COUNSELLING**

Sign up with: <https://signyorkton.ca/>

Rapid Access Counselling: a free service

- ♥ Counselling may be booked online through the province-wide appointment system.
- ♥ You may make an appointment with the SIGN counsellors, or if they are not available, with qualified counsellors in other Saskatchewan locations. Both in-person and virtual sessions may be booked on the system.

Family Service Saskatchewan's Rapid Access Counselling Program is delivered through a partnership of member agencies in communities across Saskatchewan. This service is funded by the [Saskatchewan Health Authority](http://www.saskhealthauthority.ca).

They offer quick access to brief mental health services for individuals, couples and families. They can help with concerns such as anxiety, depression, addictions, suicidal ideation, stress, relationship conflict, separation and divorce, domestic violence and parenting. Their services are prioritized for individuals who do not have access to workplace benefits, who live on a fixed or low income, and who would otherwise most often experience long waits for publicly funded services.

Services are provided by professional counsellors who hold education in the counselling and mental health field and who are licensed with a professional regulatory body to provide this service.

Family Service Saskatchewan provides access to counselling sessions. This service is available to children, youth, adults and families in Saskatchewan. There is no waiting list and no cost to you. You, your partner or your children may be concerned about: (1) **Isolation and loneliness**, (2) **Grief and loss**, (3) **Relationships**, (4) **Bullying**, (5) **Problem gambling**, (6) **Sleep issues**, (7) **Anxiety and depression**, (8) **Drugs and alcohol**, (9) **...and more**.

Continuing Care Volunteers Needed



Share your time and skills to offer a helping hand for Recreation Programming in our Long Term Care facilities.

Visit our website for volunteer opportunities in your area:

www.saskhealthauthority.ca



Contact your facility's Recreation Department or Volunteer Coordinator for more details;

Theodore Health Center Recreation Department- 647-2115 ext. 5

OR

Volunteer Coordinator—Bridget Wedhorn— 560-8089



Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



saskhealthauthority.ca

FREE COUNSELLING FOR CHILDREN, YOUTH, AND THEIR CAREGIVERS

We're helping children, youth & their caregivers find the right support in times of need through free access to counselling sessions.



www.counsellingconnectsask.ca

