



# St. Theodore School

Where the knowledge of God is the foundation of learning  
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 Christ the Teacher Roman Catholic School Division #212



## December 2025 Newsletter

### Dear St. Theodore Families,

Advent is a time of joyful expectation. We prepare as we wait by baking cookies and thinking about gifts for those we love as well as giving a little more to the poor. Families start to make plans for getting together over the holiday season. We put lights up outside and set up the Christmas tree. We decorate with a nativity scene or a wreath on our door. Many of these traditions help us connect with keeping Christ in Christmas.

The wreath has a round shape to show us God's love has no beginning and no end; the pine branches never lose their leaves or color just as God's love for us never dies. Candles symbolize Christ being the light of the world. We buy and wrap presents just as the magi honored baby Jesus.

The four weeks of Advent are a great spiritual gift that helps us grow in hope, faith, joy and peace. May your preparations be filled with love and patience. Make traditions with your family. Remember the reason for the season is JESUS!

*Wishing everyone a Blessed and Merry Christmas!*

*Mrs. T. Morrison*

### Advent Project

For our Advent project we encourage our families and continue to send food items for our Community Fridge. Please do not send expired items as they will not be accepted. Food items will be collected until December 19th

### Band Reminders

**Wed. Dec. 10 - 7:30 AM** Gr. 7/8 set up stage

**8:00 AM** Gr. 7/8 Full Band

**6:40 PM** all grades arrive for concert

Band Christmas concert **7 PM** @ Sacred Heart Theatre

Jan. 8 Full Band resumes

Jan. 15: Deadline to ask Mrs. Karapita for festival music (if you would like your child would like to do a solo/duet/trio in the Yorkton Music Festival)

### **COLD WEATHER GUIDELINES:**

Remember to dress for the weather. Winter is approaching!

- ♣ **-29 degrees and above students will be required to go outdoors.**
- ♣ **-30 to -35 degrees students are given option to go out.**
- ♣ **Below -36 degrees students will be required to stay indoors.**

**Please make sure your child is dressed for the weather.**

### Parish Information

St. Gerard's Roman Catholic Church

Yorkton

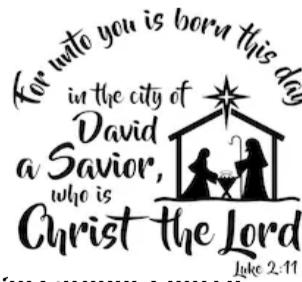
[www.stgerard.ca](http://www.stgerard.ca)

St. Mary's Ukrainian Catholic Church

Yorkton

Saturday Divine Liturgy: 5pm (English)

[www.saintmarysyorkton.com](http://www.saintmarysyorkton.com)



**St. Mary's Ukrainian Catholic Church**  
First Solemn Holy Communion &  
Reconciliation Classes

Children in Grade 2 or higher are invited for First Communion and Reconciliation classes.

Classes will be held after Christmas during Liturgy on Saturday evenings or Sunday mornings.

Contact **Father Basil or Lana Klemetski** (306-621-6626) with your child's name and your contact information.



### Dates to Remember

Sun. Nov 30	1 <sup>st</sup> week of Advent – Theme of HOPE
Wed. Dec.3	Mobile Early Learning IMPACT event for 3-5 year olds 10:30am-noon in the gym
Sat. Dec.6	Saint Nicholas Day
Sun. Dec 7	2nd week of Advent – Theme of FAITH
Sun Dec. 14	3 <sup>rd</sup> week of Advent – Theme of JOY
Wed. Dec. 17	Christmas Concert at 6:45 pm
Thurs. Dec.18	Community Potluck and Cultural Treat sharing in gym from 11:45am-1pm
Fri. Dec. 19	Final day of classes prior to Christmas break
Sun. Dec. 21	4 <sup>th</sup> week of Advent – Theme of PEACE
Mon. Dec. 22 – Fri. Jan. 2, 2026	Christmas Holidays
Mon. Jan. 5	No School – Teacher's Inservice
Tues. Jan. 6	Classes Resume (Day 4)
Tues. Jan. 13	SCC meeting – 5:30pm
Fri. Jan. 30	No School – Teacher Professional Learning Day
Feb. 16-Feb. 20	Mid-Winter Break – No School



### Many Thanks to:

- ♣ Thank you to all who purchased cards from our BIGBOX fundraiser.
- ♣ Thank you to the Theodore Royal Canadian Legion members, parents and community members who celebrated Remembrance Day with us. We pray for all those who keep our freedom.
- ♣ Thank you to our parents who came to share the school success and celebration of learning with your child during student-led conferences.

**St. Theodore Students present...**  
**"A Christmas to Remember" our Christmas**  
**concert on**  
**Wednesday, December 17<sup>th</sup> at**  
**6:45:pm in the Gym**

**Everyone welcome!**

Then on THURSDAY December 18<sup>th</sup>, parents, grandparents, family, and community members, are invited to join us for a

**Christmas Community Potluck Lunch**  
 and sharing of our favorite family treats on Thursday, Dec 18<sup>th</sup> from 11:45am -1:00 pm.  
 Our school families will share their favorite family treats and traditions at the potluck.



## COUNSELOR'S CORNER

### ★Sleep Hygiene★

Sleep is crucial for mental health. Getting at least 8-9 hours of sleep each night is necessary for emotional regulation, stress management, and cognitive function. Without enough sleep, kids are more likely to feel irritable, anxious, and have a harder time managing their emotions and focusing.

#### To get a good night sleep...

##### 01 Set a Consistent Sleep Schedule

Help your kids go to bed and wake up at the same time every day, even on weekends.

##### 02 Relax Before Sleep

Ensure your kids have a tidy, dark, quiet, and cool bedroom.

**Ms. Emily Allen**  
**SCHOOL COUNSELOR**  
**St. Theodore School**

Ms. Allen is available to support students & families in our school. Contact her at

[allee01@ctcs.ca](mailto:allee01@ctcs.ca)

##### 03 Relax Before Sleep

Help your kids try calming activities before bed, such as reading, meditation, or listening to calming music. Kids should stay away from electronics before bed as blue light stimulate wakefulness.

##### 04 Manage Stress

Help your kids find ways to manage stress before bed, such as progressive muscle relaxation, deep breathing, colouring, or journaling.



**Merry Christmas**

**& 26**  
**Happy New Year**